Five-Factor Trait Theory

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What is the five-factor trait theory? The five broad personality traits described from our reading are reading are 1. Extraversion, 2. agreeableness, 3. openness, 4. conscientiousness, and 5. neuroticism. **Openness** is where features from characteristics such as imagination and insight come into play. People who have this are curious about the world and other people, and eager to learn new things and enjoy new experiences. People in this trait also seem more adventurous and creative. **Conscientiousness** is where a person is considered to have high levels of thoughtfulness, good impulse control, and goal-directed behaviors. These types of people have a high time preparing and finishing important tasks right away, and also pay close attention to detail. **Extraversion** people are social, talkativeness, assertiveness, have high amounts of emotional expressiveness. Extraverts enjoy being the center of attention, starting conversation, and enjoy meeting new people. Extraverts do not prefer like making small talk and careful thinking things through before speaking. **Agreeableness** people in this trait have trust, kindness, affection, and other prosocial behaviors. The types of people have a great deal of interest in others, care about others, and feels empathy and concern for other people. These types of people have lows in not caring about how other people feel and insults and belittles others. **Neuroticism** individuals have a tendency to experience mood swings, anxiety, irritability, and sadness. These people also experience a lot of stress and worry about different things. These people are not emotionally stable and capable of dealing with stress.

The two leaders I have chosen are: Carli Lloyd (Team USA Women's Soccer) and Donald J. Trump (Former U.S President).

What was Unique about the Leader?

Carli Lloyd is a true leader who is someone I will always root for. Mrs. Lloyd a Team USA Olympic gold winner for Women's Soccer is truly proven a team leader in all five factor traits. Lloyd clearly understands what it takes to form a team and get the job done. However, Carli Lloyd might not have all the effects of neuroticisms because being a team leader requires holding the team together, there would be considered anxiety before a game and sadness when her team wins from working hard, and loses but still determine to keep going.

Donald J. Trump, a former U.S. President (one term) is someone who likes to be more extravert and exhibits more neuroticism. Mood swings, anxiety, and worrying about different is something that is part of his life if he doesn't get his way. His presidency in the last year was failing due to known protests across the country and the world. His failures got to him and cost him his presidency.

Rating on the empirical scale: Carli Lloyd rates on a scale of ten (ten being the highest) where she exhibits team work, excellent leadership, and physically fit to uphold the standards of building her team towards success. Donald J. Trump rates on a scale of one (one being the worse), while he was a leader did not exhibit teamwork unless it benefited himself. Not physically fit for the job towards uniting a country against all odds and has become mentally unstable.

How does Biology Impact their Personality Traits? Age differences between Carli Lloyd and Donald J. Trump, it is imperative that the two different in age have their differences. Carli is still a young adult, while making a positive start to be a powerful leader for women in the United States and in the world of sports. Donald is at his end stage in life, most likely in exile and feeling regret for what he has done in the past all while trying to over come past mistakes of his legacy.

How does their Personality Trait Impact their Leadership Development and Engagement

Carli Lloyd personality trait impacts her leadership development and engagement by the goals she had set for achievement and becoming a recognized pro-athlete in the world of women's soccer. Carli took advantage of opportunities to coach and develop others. And her teammates love her for it. For seventeen years, through five team coaches, even before she was captain, Carli was a constant who consistently challenged and pushed her other players to greatness.

Donald J. Trump personality trait impacts his leadership development and engagement by being an active-positive presidential character with mobilization. His personality is ambitious more narcissistic and dominant controlling with his outgoing impulsive attitude.

Comparison between Carli Lloyd and Donald J. Trump were both leaders with high ambitions.

Contrasts between Carli Lloyd and Donald J. Trump: Carli Lloyd is leading a positive life goal to help empower women in sports by giving them a voice. Donald Trump is leading a negative life dividing people into factions and only caring for himself.

What are some Strengths and Weakness of the Five-Factor of Personality Theory?

Pros or Strengths for Carli Lloyd: Positive and outgoing, high level of thoughtfulness, understands the value of team work.

Cons or Weaknesses for Carli Lloyd: isn't the center of attention,

Pros or Strengths for Donald Trump: enjoys being the center of attention (extravert) and not emotionally stable.

Cons or Weaknesses for Donald Trump: Conscientiousness

Conclusion

The five broad personality traits described the two leaders I have chosen are: Carli Lloyd (Team USA Women's Soccer) and Donald J. Trump (Former U.S President). Carli Lloyd is a true leader who is someone I will always root for. Carli Lloyd rates on a scale of ten (ten being the highest) where she exhibits team work, excellent leadership, and physically fit to uphold the standards of building her team towards success. How does Biology Impact their Personality Traits? Age differences between Carli Lloyd and Donald J. Trump, it is imperative that the two different in age have their differences. Carli Lloyd personality trait impacts her leadership development and engagement by the goals she had set for achievement and becoming a recognized pro-athlete in the world of women's soccer. Donald J. Comparison between Carli Lloyd and Donald J. Contrasts between Carli Lloyd and Donald J. Donald Trump is leading a negative life dividing people into factions and only caring for himself. Pros or Strengths for Carli Lloyd: Positive and outgoing, high level of thoughtfulness, understands the value of team work.

Reference

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